



Développé couché  
et musculation

## Challenge National Premier pas Développé Handisport Handisport 2019

|                  |                 |                  |       |
|------------------|-----------------|------------------|-------|
| Nom              | <b>Soukouna</b> | Calage           | 14    |
| Prénom           | <b>Youssouf</b> | Coeff AH de base | 1,170 |
| Sexe             | M               | Coeff bonus      | 1,5   |
| Âge              | 14              |                  |       |
| Club / structure | Gonesse         |                  |       |
| Poids de corps   | <b>49,6</b>     |                  |       |

|                                           | ESSAI 1        | ESSAI 2        | ESSAI 3       |
|-------------------------------------------|----------------|----------------|---------------|
| Charges                                   | <b>30</b>      | <b>32</b>      | <b>34</b>     |
| Indices (charge X coeff AH) X coeff bonus | 52,545         | 56,055         | 59,550        |
| Séquence Position (0 ou 1)                | <b>1</b>       | <b>1</b>       | <b>0</b>      |
| Contôle de barre (0 ou 1)                 | <b>1</b>       | <b>1</b>       | <b>0</b>      |
| Temps d'arrêt / respiration (0 ou 1)      | <b>1</b>       | <b>1</b>       | <b>1</b>      |
| Développé (0 ou 1)                        | <b>0</b>       | <b>1</b>       | <b>0</b>      |
| <b>Note technique totale</b>              | <b>3</b>       | <b>4</b>       | <b>1</b>      |
| <b>Scores totaux (indice X note)</b>      | <b>157,635</b> | <b>224,220</b> | <b>59,550</b> |

**Meilleur Score** **224,220**



## Challenge National Premier pas Développé Handisport Handisport 2019

|                  |                  |                  |       |
|------------------|------------------|------------------|-------|
| Nom              | <b>Lamdaouar</b> | Calage           | 16    |
| Prénom           | <b>Youssef</b>   | Coeff AH de base | 0,870 |
| Sexe             | M                | Coeff bonus      | 1,5   |
| Âge              | 14               |                  |       |
| Club / structure | Gonesse          |                  |       |
| Poids de corps   | <b>94,9</b>      |                  |       |

|                                           | ESSAI 1        | ESSAI 2        | ESSAI 3        |
|-------------------------------------------|----------------|----------------|----------------|
| Charges                                   | <b>65</b>      | <b>69</b>      | <b>73</b>      |
| Indices (charge X coeff AH) X coeff bonus | 84,360         | 89,550         | 94,755         |
| Séquence Position (0 ou 1)                | <b>1</b>       | <b>0</b>       | <b>1</b>       |
| Contôle de barre (0 ou 1)                 | <b>1</b>       | <b>1</b>       | <b>0</b>       |
| Temps d'arrêt / respiration (0 ou 1)      | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| Développé (0 ou 1)                        | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| <b>Note technique totale</b>              | <b>4</b>       | <b>3</b>       | <b>3</b>       |
| <b>Scores totaux (indice X note)</b>      | <b>337,440</b> | <b>268,650</b> | <b>284,265</b> |

**Meilleur Score** **337,440**

## Challenge National Premier pas Développé Handisport Handisport 2019

|                  |                 |                  |       |
|------------------|-----------------|------------------|-------|
| Nom              | <b>Ben Hadj</b> | Calage           | 13    |
| Prénom           | <b>Zakaria</b>  | Coeff AH de base | 1,030 |
| Sexe             | M               | Coeff bonus      | 1,25  |
| Âge              | 17              |                  |       |
| Club / structure | Gonesse         |                  |       |
| Poids de corps   | <b>63,9</b>     |                  |       |

|                                           | ESSAI 1        | ESSAI 2        | ESSAI 3        |
|-------------------------------------------|----------------|----------------|----------------|
| Charges                                   | <b>47</b>      | <b>49</b>      | <b>50</b>      |
| Indices (charge X coeff AH) X coeff bonus | 60,688         | 63,275         | 64,563         |
| Séquence Position (0 ou 1)                | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| Contôle de barre (0 ou 1)                 | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| Temps d'arrêt / respiration (0 ou 1)      | <b>0</b>       | <b>1</b>       | <b>0</b>       |
| Développé (0 ou 1)                        | <b>0</b>       | <b>0</b>       | <b>1</b>       |
| <b>Note technique totale</b>              | <b>2</b>       | <b>3</b>       | <b>3</b>       |
| <b>Scores totaux (indice X note)</b>      | <b>121,375</b> | <b>189,825</b> | <b>193,688</b> |

**Meilleur Score** **193,688**

## Challenge National Premier pas Développé Handisport Handisport 2019

|                  |                  |                  |       |
|------------------|------------------|------------------|-------|
| Nom              | <b>Coulibaly</b> | Calage           | 16    |
| Prénom           | <b>Aminata</b>   | Coeff AH de base | 0,920 |
| Sexe             | F                | Coeff bonus      | 1,875 |
| Âge              | 20               |                  |       |
| Club / structure | Gonesse          |                  |       |
| Poids de corps   | <b>68,7</b>      |                  |       |

|                                           | ESSAI 1        | ESSAI 2        | ESSAI 3        |
|-------------------------------------------|----------------|----------------|----------------|
| Charges                                   | <b>53</b>      | <b>57</b>      | <b>60</b>      |
| Indices (charge X coeff AH) X coeff bonus | 91,688         | 98,606         | 103,781        |
| Séquence Position (0 ou 1)                | <b>0</b>       | <b>1</b>       | <b>1</b>       |
| Contôle de barre (0 ou 1)                 | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| Temps d'arrêt / respiration (0 ou 1)      | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| Développé (0 ou 1)                        | <b>1</b>       | <b>0</b>       | <b>1</b>       |
| <b>Note technique totale</b>              | <b>3</b>       | <b>3</b>       | <b>4</b>       |
| <b>Scores totaux (indice X note)</b>      | <b>275,063</b> | <b>295,819</b> | <b>415,125</b> |

**Meilleur Score** **415,125**

## Challenge National Premier pas Développé Handisport Handisport 2019

|                  |                 |                  |       |
|------------------|-----------------|------------------|-------|
| Nom              | <b>Walker</b>   | Calage           | 11    |
| Prénom           | <b>Penelope</b> | Coeff AH de base | 0,970 |
| Sexe             | F               | Coeff bonus      | 1,5   |
| Âge              | 55              |                  |       |
| Club / structure | Poitiers        |                  |       |
| Poids de corps   | <b>60,5</b>     |                  |       |

|                                           | ESSAI 1        | ESSAI 2        | ESSAI 3        |
|-------------------------------------------|----------------|----------------|----------------|
| Charges                                   | <b>37</b>      | <b>40</b>      | <b>45</b>      |
| Indices (charge X coeff AH) X coeff bonus | 54,090         | 58,485         | 65,790         |
| Séquence Position (0 ou 1)                | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| Contôle de barre (0 ou 1)                 | <b>1</b>       | <b>1</b>       | <b>1</b>       |
| Temps d'arrêt / respiration (0 ou 1)      | <b>0</b>       | <b>0</b>       | <b>1</b>       |
| Développé (0 ou 1)                        | <b>0</b>       | <b>1</b>       | <b>0</b>       |
| <b>Note technique totale</b>              | <b>2</b>       | <b>3</b>       | <b>3</b>       |
| <b>Scores totaux (indice X note)</b>      | <b>108,180</b> | <b>175,455</b> | <b>197,370</b> |

**Meilleur Score** **197,370**

## Classement par équipes

| CLASSEMENT | EQUIPES     | POINTS  |
|------------|-------------|---------|
| 1          | GONESSE     | 474,810 |
| 2          | ROANNE      | 384,965 |
| 3          | FAHVA       | 325,583 |
| 4          | ZUYDCOOTE   | 252,175 |
| 5          | TORCY       | 165,660 |
| 6          | ASPTT LILLE | 161,295 |
| 7          | PONTARLIER  | 141,050 |

# POWERLIFTING COMPETITION SHEET

| DATE       | CITY / COUNTRY    | VENUE | WR | JWR |
|------------|-------------------|-------|----|-----|
| 07/12/2019 | Villeneuve d'Ascq |       |    |     |

| CATEGORY | GENDER (M) | COMPETITION NAME               |
|----------|------------|--------------------------------|
| Femmes   | MALE       | Coupe de France des clubs 2019 |

|        |             |            |         |             |      |          |       |      | Attempts |   |       |   |       |   |      |   |       |         |      |  |
|--------|-------------|------------|---------|-------------|------|----------|-------|------|----------|---|-------|---|-------|---|------|---|-------|---------|------|--|
| Lot No | Family Name | Given Name | Licence | Club        | Rack | DoB      | Group | BW   | 1st      |   | 2nd   |   | 3rd   |   | 4th  |   | Best  | Score   | Rank |  |
| 0      | Servajean   | Martine    | 10341   | Roanne      | 11   | 10/10/58 | - 50  | 46,8 | 58,0     | V | 61,0  | V | 63,0  | N |      |   | 61,0  | 66,790  |      |  |
| 0      | Nghamsi     | Mimozette  | 171021  | Gonesse     | 11   | 20/12/77 | - 50  | 45,8 | 80,0     | N | 82,0  | V | 87,0  | N |      |   | 82,0  | 90,700  |      |  |
| 0      | Ghazouani   | Souhad     | 75396   | ASPTT Lille | 14   | 07/08/82 | - 79  | 73,6 | 115,0    | V | 120,0 | V | 125,0 | N |      |   | 120,0 | 107,530 |      |  |
| 0      | Beuraert    | Whitney    | 106580  | Zuydcoote   | 12   | 15/09/00 | - 50  | 45,6 | 38,0     | V | 42,0  | V | 44,0  | N | 47,0 | N | 42,0  | 46,550  |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |
|        |             |            |         |             |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |  |

| Competition Official Position | Name                | Signature |
|-------------------------------|---------------------|-----------|
| Chief Referee :               | Marianne Sornein    |           |
| Side Referee 1 :              | Jean Bernard Gebert |           |
| Side Referee 2 :              | Johann Biree        |           |

Results for the Ranking and Record lists are validated in accordance with the IPC Powerlifting Licensing policy for the current season.

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All fields must be filled out in the format that is requested

The Competition Officials fields are mandatory



# POWERLIFTING COMPETITION SHEET

| DATE       | CITY / COUNTRY    | VENUE | WR | JWR |
|------------|-------------------|-------|----|-----|
| 07/12/2019 | Villeneuve d'Ascq |       |    |     |

| CATEGORY            | GENDER (M) | COMPETITION NAME               |
|---------------------|------------|--------------------------------|
| Hommes jusqu'à 65kg | MALE       | Coupe de France des clubs 2019 |

|        |             |            |         |           |      |          |       |      | Attempts |   |       |   |       |   |       |   |       |         |      |
|--------|-------------|------------|---------|-----------|------|----------|-------|------|----------|---|-------|---|-------|---|-------|---|-------|---------|------|
| Lot No | Family Name | Given Name | Licence | Club      | Rack | DoB      | Group | BW   | 1st      |   | 2nd   |   | 3rd   |   | 4th   |   | Best  | Score   | Rank |
| 0      | Traore      | Moussa     | 17642   | Gonesse   | 16   | 29/12/74 | - 54  | 49,6 | 87,0     | V | 91,0  | N | 91,0  | N |       |   | 87,0  | 101,600 |      |
| 0      | Bourlon     | Axel       | 50232   | Roanne    | 4    | 14/03/91 | - 59  | 57,0 | 155,0    | V | 160,0 | V | 165,0 | V | 170,0 | N | 165,0 | 179,970 |      |
| 0      | Ardon       | Patrick    | 279     | Gonesse   | 11   | 27/04/83 | - 54  | 50,5 | 137,0    | V | 143,0 | V | 146,0 | N |       |   | 143,0 | 165,500 |      |
| 0      | Leplat      | Romain     | 24548   | Zuydcoote | 4    | 07/07/03 | - 59  | 55,3 | 42,0     | V | 45,0  | V | 50,0  | V |       |   | 50,0  | 55,340  |      |
| 0      | Oubaali     | Hamza      | 33646   | Gonesse   | 4+   | 08/05/99 | - 72  | 67,0 | 58,0     | V | 61,0  | V | 65,0  | V |       |   | 65,0  | 65,680  |      |
|        |             |            |         |           |      |          |       |      |          |   |       |   |       |   |       |   |       |         |      |
|        |             |            |         |           |      |          |       |      |          |   |       |   |       |   |       |   |       |         |      |
|        |             |            |         |           |      |          |       |      |          |   |       |   |       |   |       |   |       |         |      |
|        |             |            |         |           |      |          |       |      |          |   |       |   |       |   |       |   |       |         |      |
|        |             |            |         |           |      |          |       |      |          |   |       |   |       |   |       |   |       |         |      |
|        |             |            |         |           |      |          |       |      |          |   |       |   |       |   |       |   |       |         |      |
|        |             |            |         |           |      |          |       |      |          |   |       |   |       |   |       |   |       |         |      |

| Competition Official Position | Name                | Signature |
|-------------------------------|---------------------|-----------|
| Chief Referee :               | Barbara Meyer       |           |
| Side Referee 1 :              | Marianne Sornein    |           |
| Side Referee 2 :              | Jean Bernard Gebert |           |

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# POWERLIFTING COMPETITION SHEET

| DATE       | CITY / COUNTRY    | VENUE | WR | JWR |
|------------|-------------------|-------|----|-----|
| 07/12/2019 | Villeneuve d'Ascq |       |    |     |

| CATEGORY            | GENDER (M) | COMPETITION NAME               |
|---------------------|------------|--------------------------------|
| Hommes jusqu'à 72kg | MALE       | Coupe de France des clubs 2019 |

|        |             |             |         |           |      |          |       |      | Attempts |   |       |   |       |   |      |   |       |         |      |
|--------|-------------|-------------|---------|-----------|------|----------|-------|------|----------|---|-------|---|-------|---|------|---|-------|---------|------|
| Lot No | Family Name | Given Name  | Licence | Club      | Rack | DoB      | Group | BW   | 1st      |   | 2nd   |   | 3rd   |   | 4th  |   | Best  | Score   | Rank |
| 0      | Fradin      | Dominique   | 4460    | Roanne    | 11   | 08/07/64 | - 72  | 66,0 | 97,0     | V | 100,0 | V | 103,0 | V |      |   | 103,0 | 104,810 |      |
| 0      | Benssoum    | Badr-Eddine | 83337   | Gonesse   | 15   | 15/10/99 | - 72  | 68,2 | 63,0     | V | 68,0  | V | 73,0  | V |      |   | 73,0  | 73,160  |      |
| 0      | Pruvost     | Anthony     | 9302    | Gonesse   | 13   | 26/06/86 | - 72  | 69,0 | 100,0    | V | 105,0 | V | 108,0 | V |      |   | 108,0 | 107,660 |      |
| 0      | Copin       | David       | 43545   | FAHVA     | 17   | 02/08/84 | - 72  | 65,1 | 120,0    | V | 125,0 | V | 130,0 | V |      |   | 130,0 | 133,130 |      |
| 0      | Bouchentouf | Ilies       | 79317   | Zuydcoote | 15   | 08/10/01 | - 72  | 66,3 | 75,0     | V | 80,0  | N | 80,0  | V | 82,0 | N | 80,0  | 81,230  |      |
|        |             |             |         |           |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |
|        |             |             |         |           |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |
|        |             |             |         |           |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |
|        |             |             |         |           |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |
|        |             |             |         |           |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |
|        |             |             |         |           |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |
|        |             |             |         |           |      |          |       |      |          |   |       |   |       |   |      |   |       |         |      |

| Competition Official Position | Name                | Signature |
|-------------------------------|---------------------|-----------|
| Chief Referee :               | Jean Bernard Gebert |           |
| Side Referee 1 :              | Johann Biree        |           |
| Side Referee 2 :              | Barbara Meyer       |           |

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# POWERLIFTING COMPETITION SHEET



| DATE       | CITY / COUNTRY    | VENUE | WR | JWR |
|------------|-------------------|-------|----|-----|
| 07/12/2019 | Villeneuve d'Ascq |       |    |     |

| CATEGORY         | GENDER (M) | COMPETITION NAME               |
|------------------|------------|--------------------------------|
| Hommes + de 72kg | MALE       | Coupe de France des clubs 2019 |

|        |             |            |         |            |      |          |       |       | Attempts |         |         |         | Best  | Score   | Rank |
|--------|-------------|------------|---------|------------|------|----------|-------|-------|----------|---------|---------|---------|-------|---------|------|
| Lot No | Family Name | Given Name | Licence | Club       | Rack | DoB      | Group | BW    | 1st      | 2nd     | 3rd     | 4th     |       |         |      |
| 0      | Avom Mbum   | Julien     | 88618   | Torcy      | 14   | 02/08/95 | - 80  | 78,3  | 166,0 V  | 172,0 V | 176,0 V | 179,0 V | 176,0 | 165,660 |      |
| 0      | Laye        | Gregory    | 0       | Gonesse    | 15   | 29/07/83 | - 80  | 77,8  | 135,0 N  | 140,0 V | 142,0 N |         | 140,0 | 132,150 |      |
| 0      | Talom       | Patrick    | 89310   | FAHVA      | 17   | 13/01/79 | - 80  | 78,0  | 75,0 V   | 80,0 V  | 85,0 V  |         | 85,0  | 80,140  |      |
| 0      | Arabat      | Rafik      | 44346   | Gonesse    | 16   | 04/12/90 | - 97  | 90,3  | 180,0 V  | 190,0 V | 196,0 V | 201,0 N | 196,0 | 173,260 |      |
| 0      | Camdessoud  | Julien     | 60934   | Pontarlier | 15   | 24/05/86 | - 88  | 87,0  | 150,0 V  | 157,0 V | 162,0 N |         | 157,0 | 141,050 |      |
| 0      | Rohart      | Maxence    | 142022  | FAHVA      | 16   | 27/06/99 | - 107 | 104,1 | 98,0 V   | 103,0 N | 108,0 V | 110,0 N | 108,0 | 89,850  |      |
|        |             |            |         |            |      |          |       |       |          |         |         |         |       |         |      |
|        |             |            |         |            |      |          |       |       |          |         |         |         |       |         |      |
|        |             |            |         |            |      |          |       |       |          |         |         |         |       |         |      |
|        |             |            |         |            |      |          |       |       |          |         |         |         |       |         |      |
|        |             |            |         |            |      |          |       |       |          |         |         |         |       |         |      |
|        |             |            |         |            |      |          |       |       |          |         |         |         |       |         |      |

| Competition Official Position | Name             | Signature |
|-------------------------------|------------------|-----------|
| Chief Referee :               | Mehdi Ourizat    |           |
| Side Referee 1 :              | Marianne Sornein |           |
| Side Referee 2 :              | Moussa Traore    |           |

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